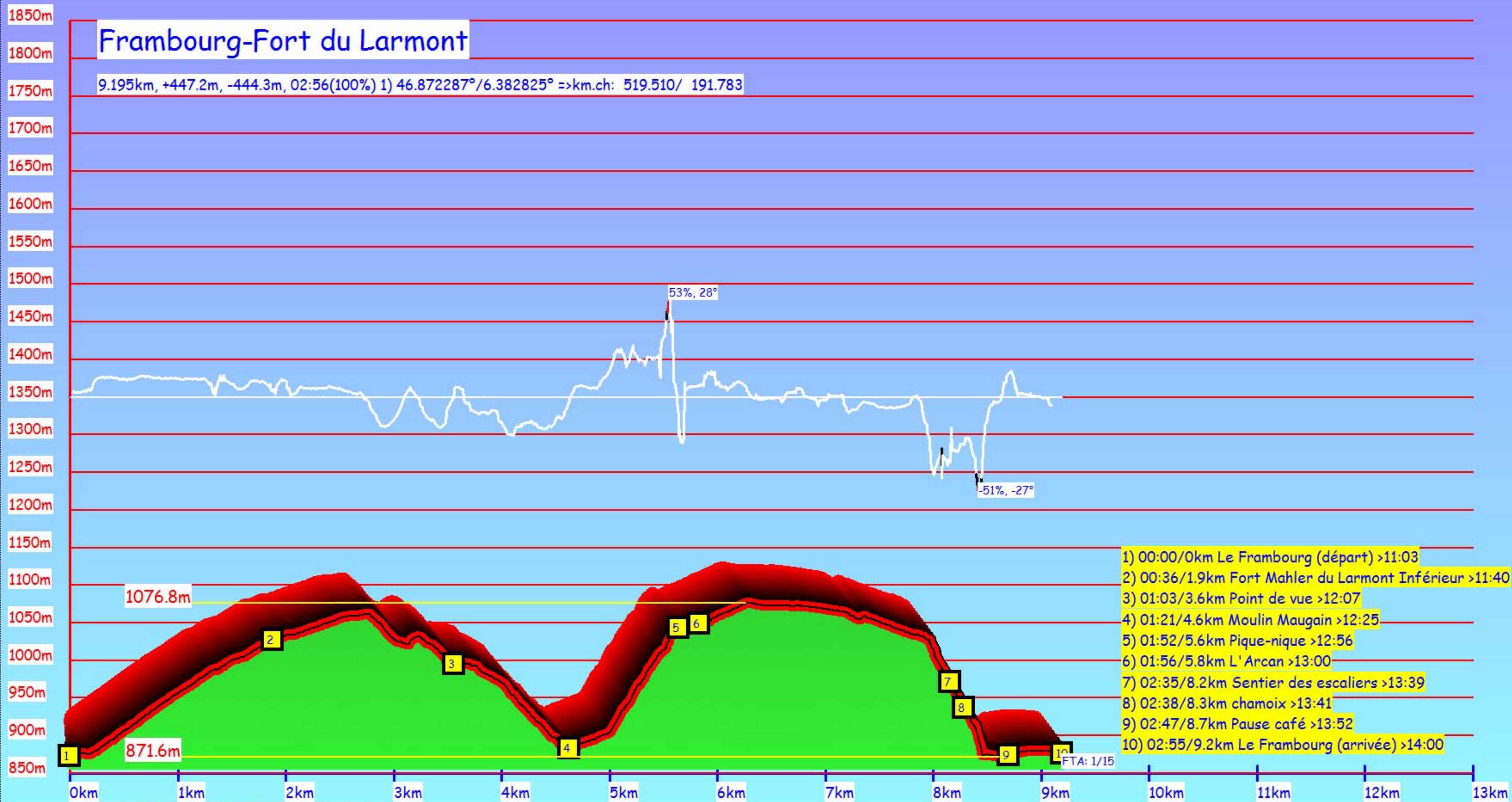


Frambourg-Fort du Larmont

9.195km, +447.2m, -444.3m, 02:56(100%) 1) 46.872287°/6.382825° =>km.ch: 519.510/ 191.783



- 1) 00:00/0km Le Frambourg (départ) >11:03
- 2) 00:36/1.9km Fort Mahler du Larmont Inférieur >11:40
- 3) 01:03/3.6km Point de vue >12:07
- 4) 01:21/4.6km Moulin Maugain >12:25
- 5) 01:52/5.6km Pique-nique >12:56
- 6) 01:56/5.8km L' Arcan >13:00
- 7) 02:35/8.2km Sentier des escaliers >13:39
- 8) 02:38/8.3km chamoix >13:41
- 9) 02:47/8.7km Pause café >13:52
- 10) 02:55/9.2km Le Frambourg (arrivée) >14:00

FTA: 1/15